Senior Trip to Italy 2026 | Itinerary for Parents and Students

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Day 1: Tuesday, March 10 | Travel Day

Students arrive at DFW at 1:30 pm
Flight: Lufthansa #439 from DFW, Mon 5:15 pm → Frankfurt International Airport (FRA), Tue, 9:05 am
Family dinner served on the flight

Day 2: Wednesday, March 11 | An Introduction to Rome

Brunch during layover at Frankfurt airport
Flight: Lufthansa#232 from FRA, 10:50 am → Leonardo da Vinci–Fiumicino (FCO), 12:40 pm
Bus from FCO to Roma Termini then walk to hotel
Hotel check-in: Hotel Montecarlo | Via Palestro, 17a - 00185 Roma | P: +39 06 4460000
Walking introduction to Rome from the hotel to the Spanish Steps to a tour of the Pantheon
Family Dinner @ Trattoria Vecchia Roma

Day 3: Thursday, March 12 | Life in an Ancient City

Family breakfast @ Hotel Montecarlo
Train from Roma Termini to Napoli Centrale then metro to Pompeii
Tour the ruins of Pompeii archaeological park and museum
Family lunch @ Ristorante Bar Sgambati
Metro from Pompeii to Napoli Centrale then train to Roma Termini
Rest at the hotel
Dinner and gelato near the Trevi Fountain

Day 4: Friday, March 13 | The Ruins of an Empire

Optional morning excursion: raisin cakes and stumbling stones in the Jewish Quarter
Family breakfast @ Hotel Montecarlo
Tour the Roman Forum, Palatine Hill, and Colosseum
Family lunch @ Mizio's Street Food (sandwiches)
Visit Basilica of San Pietro in Vincoli
Dinner and dessert in Trastevere
View of city lights from the Panoramic Terrace at Monument to Victor Emmanuel II

Day 5: Saturday, March 14 | The Church of Rome

Family breakfast @ Hotel Montecarlo
Family lunch nearby the Vatican @ Pastasciutta (fast food pasta)
Tour Vatican & Saint Peter's Basilica
Dinner near Hotel Montecarlo

Day 6: Sunday, March 15 | The Borghese Estate

Family breakfast @ Hotel Montecarlo
Tour the Borghese estate gallery and park
Lunch near Borghese park
Train from Rome to Firenze Santa Maria Novella
Hotel Check-In: Hotel DeLanzi| Via dell'Oche, 11, 50122 Firenze FI, Italy
Dinner and gelato near Piazza del Duomo

Day 7: Monday, March 16 | A Day of Reflection

Family breakfast @ Hotel DeLanzi
Lunch and shopping near Mercato Centrale
Tour Basilica of Santa Croce
Discretionary time to rest at the hotel, go shopping, and eat dinner
Watch the sunset over the Arno River from Ponte Vecchio bridge
Family dessert near Hotel DeLanzi

Day 8: Tuesday, March 17 | The Galleries of Florence and Family Dinner

Family breakfast @ Hotel DeLanzi
Tour of the Ufffizi Gallery
Discretionary time to and time to have lunch
Tour the Accademia Gallery
Family dinner @ Brandolino

Day 9: Wednesday, March 18 | Travel Day

Bus ride from hotel to Florence airport
Flight: Toscano Aeroporti Firenze (FLR), Swiss Air #LX1679 at 9:35 am to Zurich (ZRH), 10:55 am
Flight: Zurich International Airport (ZRH), Swiss Air #LX8 1:10 pm to Chicago (ORD), 5:20 pm
Flight Chicago (ORD) to Dallas Fort Worth (DFW) on United #1673 arrive 11:56 pm
Students arrive at DFW at 11:56 pm

Packing List

Mandatory

- ☐ Passport valid until at least six months after departure (September 10, 2025)
- ☐ Driver's License (2nd form of ID) not expiring before March 19, 2024
- ☐ Outfits that cover knees and shoulders (required at the Vatican)
- ☐ Comfortable shoes for walking approximately 10 miles per day
- ☐ One check-in bag less than 50 pounds and/or one carry-on bag
- ☐ Layers for 40-50 degree weather and possible rain
- ☐ Euros (approximately $500 US dollars-worth) for food and souvenirs and/or credit or debit card
  Note: Most public restrooms require coins to operate and some marketplace vendors only accept cash.

Recommended

- ☐ Passport wallet (because we will be carrying our passports with us daily)
- ☐ Water bottle (can be refilled at public fountains)
- ☐ Two-prong type C outlet adapter
- ☐ Snacks for long flights and train rides (or buy at the stations)
- ☐ Extra medication packed in two different places (in case one bag is lost)
- ☐ Mobile phone with international calling plan
- ☐ Headphones (3.5 mm) for music and movies on the plane
- ☐ Italian phrase book and/or dictionary